



## Post-Peel Instructions

- 1. Avoid direct sunlight for 72 hours.
- 2. Mandatory sunscreen, reapplied every 2 hours if outdoors.
- 3. No waxing/hair removal for 2 weeks.
- 4. Limit exercise due to irritation from perspiration for 24 hours.
- 5. No exfoliation for 5 days, unless otherwise prescribed by esthetician.
- 6. No picking, peeling, scratching.
- 7. Drink at least 8 glasses of water daily.
- 8. Moisturize with:

9. Contact your esthetician with any questions/concerns.